

## Definitions of Various Terms used in NHP

**Population:** All inhabitants of a country, territory, or geographic area, for a given sex and/or age group, at a specific point of time. In demographic terms it is the number of inhabitants of a given sex and/or age group that actually live within the border limits of the country, territory, or geographic area at a specific point of time, usually midyear. The mid-year population refers to the actual population at July 1st.

**Population 65 Years & Over:** The percentage of total population of a country, territory, or geographic area, 65 years of age and over, for a given sex and at a specific point of time, usually mid-year.

**Proportion of Urban Population:** The percentage of total population of a country, territory, or geographic area living in places defined as urban, at a specific point of time, usually mid-year.

**Urban:** The term urban refers to towns (places with municipal corporation, municipal area committee, notified area committee or cantonment board); also, all places having 1000 or more inhabitants, a density of not less than 1000 persons per sq mile or 390 per sq km, pronounced urban characteristics and at least three-fourths of the adult male population employed in pursuits other than agriculture. **Proportion of Rural Population:** The percentage of total population of a country, territory, or geographic area living in places defined as rural, at a specific point of time, usually mid-year. The term rural refers essentially to villages and other rarely populated areas.

**Density of Population:** Number of persons, living per square kilometer.

**Growth Rate:** The exponential average annual rate of population growth, expressed as a percentage.

**Annual Population Growth Rate:** The annual average rate of change of population size, for a given country, territory, or geographic area, during a specified period. It expresses the ratio between the annual increase in the population size and the total population for that year, usually multiplied by 100. The annual increase in the population size is defined as a sum of differences: the difference between births less deaths and the Difference Between Immigrants Less Emigrants, In A Given Country, Territory Or Geographic Area At A Given Year.

**Sex Ratio:** The number of females per 1000 males.

**Dependency Ratio:** The average number of economically dependent population per 100 economically productive population, for a given country, territory, or geographic area, at a specific point in time. In demographic terms, economically dependent population is defined as the sum of the population under 15 years of age plus the population 65 years of age and over, for a given country, territory, or geographic area, at a specific point in time, usually midyear; economically productive population is defined as the population between 15 and 64 years of age, for the same country, territory, or geographic area, at the same specific point in time.

**Old Age Dependency Ratio:** The proportion of persons above 65 years of age are considered to be dependent on the economically productive age group (15-64 years)

**Life expectancy at Birth:** The average number of years that a newborn could expect to live, if he or she were to pass through life exposed to the age and sex-specific death rates prevailing at the time of his or her birth, for a specific year, in a given country, territory, or geographic area.

**Birth Rate:** The number of live births per 1000 estimated mid year population, in a given year.

**Case Fatality Rate :** Usually expressed as the proportion of persons diagnosed as having a specified disease who die within a given period of time as a result of acquiring that disease.

**Crude Birth Rate:** The crude birth rate (CBR) is defined as the number of live births in a year per 1,000 of the midyear population.

**Death Rate:** The number of deaths per 1000 estimated mid-year population in one year, in a given place. **Crude Death Rate:** The crude death rate (CDR) is defined as the number of deaths in a year per 1,000 of the midyear population.

**Infant Mortality Rate (IMR):** Infant mortality rate (or IMR) is defined as the number of infant deaths in a year per 1,000 live births during the year.

**Maternal Mortality Ratio (MMR):** Annual number of maternal deaths per 100,000 live births. A maternal death is the death of a woman while pregnant or within 42 days of termination of pregnancy, from any cause related to or aggravated by the pregnancy or its management, but not from accidental or incidental causes.

**Neo-natal Mortality Rate:** Number of neonatal deaths in a given year per 1000 live births in that year. Neonatal deaths are deaths occurring during the neonatal period, commencing at birth and ending 28 completed days after birth.

**Post-natal Mortality Rate:** Number of deaths of children between 28 days and one year of age in a given year per 1000 total live births in the same year.

**Peri-natal Mortality Rate:** Peri-natal mortality rate includes late foetal deaths (28 weeks gestation & more) and early neonatal deaths (first week) in one year per 1000 live births in the same year.

**Still Birth Rate:** Death of a foetus weighing 1000g (equivalent to 28 weeks of gestation) or more, during one year in every 1000 total births.

**Fertility:** Fertility means the actual bearing of children during a woman's reproductive period i.e. roughly from 15 to 45, a period of 30 years.

**Fertility Rate:** The number of live births during a year per 1000 female population aged 15-49 years at the mid point of the same year.

**Total Fertility Rate:** Number of children that would be born per woman, assuming no female mortality at childbearing age and the age-specific fertility rates of a specified country and reference period.

**Poverty:** It is a situation in which a person is unable to get minimum basic necessities i.e. food, clothing and shelter for his/her sustenance. The inability to attain a minimum standard of living. The World Bank uses a poverty line of consumption less than us\$1.00 a day (at constant 1985 prices) per person.

**Poverty Line:** Poverty estimates in our country are derived from the household consumer expenditure data collected by National Sample Survey Organisation (NSSO) every fifth year. The 'Poverty line' has been calculated to be Rs. 327 per month per capita for rural India and Rs. 454 per month per capita for urban India. The Planning Commission updates the 'poverty lines' for the year 1973-74 according to relevant price indices. The planning commission identified the expenditure group from the NSSO consumer expenditure data, whose expenditure on food fulfilled the calorie norms. The average per capita per month expenditure of this group was fixed as the 'poverty line'. The poverty line was Rs. 49 for rural areas and Rs. 56.6 was for urban areas. The calorie norms for rural India, was 2400 Kcal per capita per diem and for urban India it was 2100 Kcal per capita per diem."

**Proportion of Population below National Poverty Line:** The percentage of the population living below the national poverty line in a given country, territory, or geographic area, for a given sex and/or age group, at a specific period in time, usually a year. The operational definition for a national poverty line varies from country to country and represents the amount of income required by each household to meet the basic needs of all its members.

**Gross Domestic Product/ Capita:** The average per capita market value of the sum of gross values added of all resident institutional units engaged in production, for a given national economy, at a given period in time, usually a year, expressed in international dollars using purchasing power parity rates. The gross domestic product (GDP) at market prices is the sum of gross value added by all resident producers in the economy plus any taxes and minus any subsidies that are not included in the valuation of output. GDP measures the total output of goods and services for final use occurring within the domestic territory of a given country, regardless of the allocation to domestic and foreign claims; it provides an aggregate measure of production. The residency of an institutional unit is defined on the basis of economic interest in the territory for more than a year.

**Annual GDP Growth Rate:** The annual average rate of change of the gross domestic product (GDP) at market prices based on constant local currency, for a given national economy, during a specified period of time. It expresses the difference between GDP values from one period to the next as a proportion of the GDP from the earlier period, usually multiplied by 100.

**Gross National Product (GNP):** The sum of gross value added by all resident producers, plus any taxes (less subsidies) that are not included in the valuation of output, plus net receipts of primary income (employee compensation and property income) from nonresident sources, divided by the mid-year population and converted to us dollars using the world bank's atlas method. This involves using a three-year average of exchange rates to smooth the effects of transitory exchange rate fluctuations.

**Employment:** Any type of work performed or services rendered in exchange for compensation. Compensation may include money (cash) or the equivalent in tuition, fees, books, supplies, room, or for any other benefit.

**Household:** A group of persons normally living together and taking food from a common kitchen constituted a household. The members of a household might or might not be related by blood to one another.

**House:** Every structure, tent, shelter, etc. was considered as a house irrespective of its use. It might be used for residential or non-residential purposes or both or might even be vacant.

**Proportion of Population with Access to Potable Water Services:** The size of the population with access to services of potable water at a given year, expressed as a percentage of the corresponding mid-year population, for a given country, territory, or geographic area.

**Percentage covered with Safe Water:** The percentage of the population that has safe drinking water available in the home or with reasonable access Percentage covered with Sanitation: The percentage of the population that has adequate excreta-disposal facilities available.

**Communicable diseases:** An illness due to a specific infectious agent or its toxic products capable of being directly or indirectly transmitted from man to man , animal to animal or from the environment( through air, dust, soil, water, food etc) to man or animal.

**Mortality Rate from Communicable Diseases:** The total number of deaths from communicable diseases in a population of a given sex divided by the corresponding total number of this population, after removing the effect of differences in the age distribution, expressed per 100,000 population for a given year, in a given country, territory, or geographic area.

**Non-communicable Diseases:** Diseases that cannot be directly transmitted from man to man, animal to animal or from the environment (through air, dust, soil, water, food etc) to man or animal are deemed as non communicable diseases.

**Mortality Rate from Non-communicable Diseases:** The total number of deaths from non-communicable diseases in a population of a given sex divided by the corresponding total number of this population, after removing the effect of differences in the age distribution, expressed per 100,000 population for a given year, in a given country, territory, or geographic area.

**Accidental Deaths:** The total number of deaths from accidents in a population of a given sex and age, divided by the total number of this population, expressed per 100000 population, for a given year, in a given country, territory, or geographical area.

**Infanticide:** Putting to the death to a newborn with the consent of the parent, family, or community.

**Foeticide:** Induced termination of a pregnancy with destruction of the fetus or embryo; therapeutic abortion.

**Maternal & Child Health:** The term maternal & child health refers to the promotive, preventive, curative & rehabilitative health care for mother & children which includes the sub areas of maternal health, child health, family planning and health aspects of care of children.

**Family Planning:** Family planning refers to practices that help individuals or couples to attain certain objectives:

- a) to avoid unwanted births
- b) to bring about wanted births
- c) to regulate the intervals between pregnancies
- d) to control the time at which births occur in relation to the ages of the parent
- e) to determine the number of children in the family.

**ANC (ante natal care):** It is the care of the woman during pregnancy, aim of which is to achieve at the end of a pregnancy a healthy mother & a healthy baby. Minimum ante-natal care include at least three antenatal checkups, TT immunisation and IFA supplement.

**Proportion of Deliveries attended by Trained Personnel:** The number of deliveries assisted by trained personnel in a specific year, regardless of their site of occurrence, expressed as a percentage of the total number of births in that same year, in a given country, territory, or geographic area. Trained personnel include medical doctors, certified nurses and midwives; not included are traditional birth attendants, trained or not.

**Prevalence:** The number of events, e.g., instances of a given disease or other condition, in a given population at a designated time; sometimes used to mean "prevalence rate". When used without qualification, the term usually refers to the situation at a specified point in time (point prevalence). Prevalence rate (ratio) is the total number of all individuals who have an attribute or disease at a particular time (or during a particular period) divided by the population at risk of having the attribute or disease at this point in time or midway through the period.

**Percentage of Contraceptive Users:** Percentage of eligible couples effectively protected against childbirth by one or the other approved methods of family planning, viz sterilization, IUD (intra-uterine devices), condom or oral pills.

**Contraceptive Methods:** Preventive methods that help women to avoid unwanted pregnancies. Which include

all temporary and permanent measures to prevent pregnancy resulting from coitus.

**Percentage of Infants Immunized:** The percentage of infants reaching their first birthday that have been immunized against each of the six EPI-target diseases (diphtheria, pertussis, tetanus, polio, measles and tuberculosis). The denominator used in the calculation is the number of infants surviving to age one.

**One-year-olds immunized against measles:** Percentage of 1-year-olds who have received at least one dose of measles-containing vaccine in a given year. For countries recommending the first dose of measles among children older than 12 months of age, the indicator is calculated as the proportion of children aged less than 24 months receiving one dose of measles-containing vaccine.

**Malnutrition:** Malnutrition is a general term for the medical condition in a person caused by an unbalanced diet-either too little or too much food, or a diet missing one or more important nutrients. Most commonly, malnourished people either do not have enough calories in their diet, or are eating a diet that lacks protein, vitamins, or trace minerals.

**Calorie:** A calorie is a unit of measurement for energy. In most fields, it has been replaced by the joule, the SI unit of energy. However, it is used for the amount of energy obtained from food.

**Daily Calorie Requirement Per Capita:** The average number of calories needed to sustain a person at normal levels of activity and health, taking into account the distribution of the population by age, sex, body weight and environmental temperature. (UNDP, human development report 1994.

**Low Birth Weight:** Birth weight less than 2500 grams (up to and including 2499 grams)

**Health expenditures:** Health expenditure covers the provision of preventive and curative health services, public health affairs and services, health applied research, and medical supply and delivery systems, but it does not include provision of water and sanitation

**Total health expenditures:** Annual national health expenditure as a proportion of the GDP The value of the sum of public and private expenditures on health care goods and services for a given national economy,

at a given period in time, usually a year, expressed as a percentage of the corresponding gross domestic product (GDP).

**Public Sector Expenditures:** Annual public health expenditure as a proportion of the national health expenditure. The size of the public expenditure on health care goods and services for a given national economy, at a given period in time, usually a year, expressed as a percentage of the corresponding national health expenditure. It represents the governmental share, not limited to the ministry of health, of the total annual expenditure for covering the provision of preventive and curative health services, public health affairs and services, health applied research, and medical supply and delivery systems, excluding the provision of water and sanitation.

**Physicians Ratio:** The average number of physicians available per every 10,000 inhabitants in a population, at a given year, for a given country, territory, or geographic area.

**Dentists Ratio:** The average number of dentists available per every 10,000 inhabitants in a population, at a given year, for a given country, territory, or geographic area.

**Professional Nurses Ratio:** The average number of certified nurses available per every 10,000 inhabitants in a population, at a given year, for a given country, territory, or geographic area. Certified nurses not include auxiliary and unlicensed personnel.

**Pharmacists Ratio:** The average number of pharmacists available per every 10,000 inhabitants in a population, at a given year, for a given country, territory, or geographic area.

**Primary Health Care:** Essential health care that is technically valid, economically feasible and socially acceptable. Primary health care includes eight essential elements: education concerning prevailing health problems and the methods of preventing and controlling them; promotion of food supply and proper nutrition; an adequate supply of safe water and basic sanitation; maternal and child health care, including family planning; immunization against the major infectious diseases; prevention and control of locally endemic diseases; appropriate treatment of common diseases and injuries; and provision of essential drugs.